

# HEALTHY HOMES

des moines

Healthy Homes Des Moines is a collaborative effort to minimize clinic and hospital visits related to pediatric asthma in Des Moines. Eligible households receive home repairs to address asthma triggers, and families receive tailored health education to manage asthma and maintain a healthy home.

[healthyhomesdesmoines.org](http://healthyhomesdesmoines.org)



A program of

EveryStep ™  
care & support services

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## How Healthy Homes Des Moines (HHDSM) Works

You could be living in a healthier home environment in as little as one month. Here's how it works:

### Referral

Your doctor will decide if you are a good candidate for HHDSM.

### Assessment

HHDSM will set up a time with you to go into your home and find the sources of your child's symptoms.

### Healthy Living

You will learn how to control asthma and receive a health plan tailored to the needs of the entire family.

### Home Repair

For many families, whether it's a leaky roof or old carpet, repairs to fix the household triggers causing asthma are done free of charge.

## Manage Asthma in Your Household

Healthy Homes Des Moines gets to the source of household triggers causing your child's respiratory symptoms.



pollen



tobacco smoke



dust mites



animal dander

## What's Next?

If you are a candidate, you can expect a phone call in the next two days. Learn more at [healthyhomesdesmoines.org](http://healthyhomesdesmoines.org).

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